

Hand Washing steps for kids

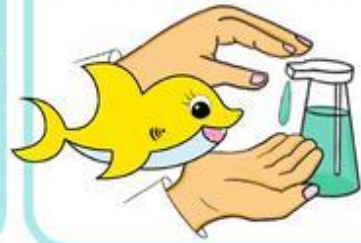


1. Wet hands



Incy Wincy spider climbed up the water spout

2. Apply soap



3. Rub palms together



Down came the rain and washed the spider out

4. Wash back of hands



Out came the sunshine and dried up all the rain

5. Wash in between fingers



So the Incy Wincy spider climbed up the spout again

6. Wash back of fingers



[Repeat] Incy Wincy spider climbed up the water spout

7. Wash thumbs



Down came the rain and washed the spider out

8. Wash fingertips in palm of hand



Out came the sunshine & dried up all the rain

9. Rinse hands



So the Incy Wincy spider climbed up the spout again

10. Dry hands



Congratulations & thank you for washing your hands!



Poster created by [YouTube.Com/MyVox Songs & Rhymes](https://www.youtube.com/MyVoxSongs) | Download @MyVoxSongs.com

Hand washing steps source: World Health Organization www.who.int

Disclaimer: This poster is intended to be used at home to encourage thorough & frequent hand washing. Please go to your local health department for detailed information on hand hygiene.

Hand Washing steps for kids

Wash hands often with soap & water for at least 20 - 60 seconds with a rhyme



1. Wet hands



2. Apply soap



3. Rub palms together



Twinkle, twinkle, little star,
How I wonder what you are.

4. Wash back of hands



Up above the world so high,
Like a diamond in the sky.

5. Wash inbetween fingers



Twinkle, twinkle, little star,
How I wonder what you are.
[Repeat or sing second verse]

6. Wash back of fingers



When the blazing sun is gone,
When he nothing shines upon.

7. Wash thumbs



Then you show your little light,
Twinkle, twinkle, all the night.

8. Wash fingertips in palm of hand



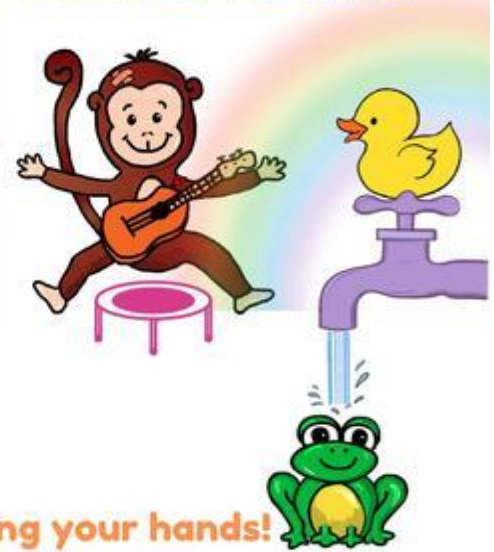
Twinkle, twinkle, little star,
How I wonder what you are.

9. Rinse hands



Twinkle, twinkle, little star,
How I wonder what you are.

10. Dry hands



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