



HEATHWOOD LOWER SCHOOL, Heath Road, Leighton Buzzard, Bedfordshire LU7 3AU  
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Headteacher: Mrs Susanne Dove B. Ed (Hons), NPQH

Dear Parents,

We have been made aware of a second positive case in our school community who have tested positive for COVID 19.

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The small number of children who have been in close contact with the individuals who have tested positive for coronavirus (COVID-19) have received notification that their child must stay at home and self-isolate for 14 days.

**However, because the Kitchen Staff and Site Manager now need to Self-Isolate, operationally I have been advised by PHE to close the school immediately for 14 days.**

**We now revert to Home Learning for 14<sup>th</sup> – 18<sup>th</sup> Dec: Please see the learning posted on our Padlet page for all classes and the times below for your child's online lesson with their class teacher using Google Meet (the invite each day will be emailed to you from the class email address eg. [Class4@heathwood.beds.sch.uk](mailto:Class4@heathwood.beds.sch.uk).) If you do not have a GMAIL account, please set one up for the purpose of these lessons and email your child's teacher to confirm the address. The lesson will be Literacy based as that was the subject that suffered most during Lockdown**

Class	Time	Lesson
Class 4	10.00-10.30	English
Class 3	11.00-11.30	English
Class 2	10.30-11.00	Spelling and Grammar
Class 1	10.00-10.30	Phonics
Class R	11.30-12.00	Phonics

## What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.



All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

## Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

If your child does develop symptoms, you can seek advice from the [nhs.uk](https://www.nhs.uk) website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

*Do*

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards



## Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Kind Regards

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