



## Heathwood Lower School

### Impact Report: PE and Sport Premium 2019-20

<b>Academic Year:</b>	<b>2019-20</b>	<b>Total Funding Allocation:</b>	<b>£17,190.00</b>	<b>Actual spend:</b>	<b>£17,632.87</b>
<p><b>Indicator 1: The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of activity a day, of which 30 minutes should be in school.</b></p> <p>Healthy behaviour in childhood and the teenage years set patterns for later life and, if acquired early, can have a dramatic impact on well-being. Nearly a quarter of all reception-aged children and one third of year 6 pupils are overweight or obese and it has been documented that inactivity causes nine per cent of premature mortality.</p> <p>Identify the children who are least active or who are at risk of obesity and design targeted physical activity interventions specifically for them. The focus needs to be on enjoyment, so engage these pupils by offering a breadth of appealing activities that include plenty of exercise and promote wider health and well-being messages in a young people-centered environment.</p>					
Objective	Key Actions	Allocated funding	Impact	Sustainability/ Next Steps	
<b>To engage all pupils in regular physical activity</b>	<p>Continue to use Future Games planning to plan an active, robust PE curriculum.</p> <p>Employ a Future Games Sports apprentice to work at lunchtimes to deliver a wide range of additional curricular opportunities and encourage children to participate in sport and activity at lunchtimes. Plan and develop new ideas for extra curricular clubs this year, to add variety and change to what we offer.</p>	<b>Future Games Apprentice £2280</b>	<p>PE provision is timetabled and planning includes progression, differentiation and assessment.</p> <p>Apprentice promoted physical activity. This was modelled to Lunchtime Staff.</p> <p>There has been a continued wide range of PE extra curricular opportunities that children from across the school are able to attend.</p> <p>Additional opportunities to participate in physical activity on the school playground at playtimes and lunchtimes.</p>	<p>Continue to use agreed planning.</p> <p>Lunchtime staff to continue to promote varied physical activity.</p> <p>Continue to improve the range of Physical Activity opportunities to</p>	

	<p>Plan and purchase fitness equipment for the school playground to be used at playtimes, lunchtimes and for sensory breaks for our most vulnerable children.</p> <p>Possible purchase of class set of Fitness tracker wristbands to encourage to track physical activity and improve.</p>	<p><b>Fitness equipment</b> <b>£9700</b></p>	<p>Children are motivated to participate in physical activity for internal rewards, e.g. personal bests, improved times, health benefits and enjoyment.</p> <p>Appropriate trackers not yet been sourced</p>	<p>engage all children.</p>
<p><b>To encourage pupils to choose activities at playtimes and lunchtimes</b></p>	<p>Continue to develop the role of the Young Leader in our school – these young people will lead and engage younger children in our school community to participate in different physical activities at lunchtimes. Create a timetable of activities and young leaders to cover each lunchtime.</p> <p>Develop the role of the Sports council to help promote activity at playtime, lunchtimes and in other areas other than PE sessions to meet the 60 minute daily activity target.</p> <p>INSET training in September with Ben Kingston Hughes to focus on encouraging children to participate in physical activity.</p> <p>LLSSP training for midday supervisor.</p> <p>Girls active group to design an engaging lunchtime club which</p>	<p><b>Funding from Leighton-Linslade School Sports Partnership LLSSP payment</b> <b>£3900</b></p> <p><b>£100</b></p>	<p>Pupils are more engaged at playtimes and lunchtimes in a range of different physical activities.</p> <p>All children are timetabled to complete between 30 and 60 minutes of activity a day.</p> <p>Theory and practical ideas learnt at INSET are implemented and used as part of daily practice</p>	

	will inspire EYFS and KS1 to participate in physical activities during playtime and lunchtime with support from Girls Active leading.		Increase in EYFS and KS1 pupils choosing to participate in physical activity during playtimes and lunchtimes.	
<b>To engage more vulnerable pupils to engage in active lifestyles</b>	<p>Participation in Energizer, programme led by our Young Leaders following training from LLSSP each half term. Children will be discussed at staff meetings to choose who to invite. Year 1 in the Autumn term, Year 2 in the Spring term and KS2 in the Summer term. Look at children's abilities and assessment from PE lessons, lack of participation in other clubs and overall level of activity. Analyse data from girls active survey and highlight areas children believe to be preventing them engaging in physical activity.</p> <p>Employ a Future Games apprentice to facilitate and encourage physical activity at play and lunchtimes.</p>	<p><b>Leighton-Linslade School Sports Partnership (LLSSP) (as above)</b></p> <p><b>£165 for release time for Girls Active Leads to enhance sports equipment and opportunities for vulnerable children (not achieved due to Covid)</b></p> <p><b>Future Games as above</b></p>	<p>Vulnerable pupils are invited to participate and a wider range of children participate in physical activities.</p> <p><b>Disengaged children will be invited to attend clubs set up by Girls Active Leads to encourage them to participate in Physical Activity in a way that they perceive to be fun (not achieved due to Covid)</b></p> <p>Vulnerable children are supported with a range of activities including a variety of different activities related to physical development - which encourage a healthier and more active lifestyle.</p>	

<p><b>To develop and enhance the 30/30 initiative in our school.</b></p>	<p>Use of additional money given this year, to provide/fund fitness equipment for the school playground. We are also planning to develop our use of the all weather running track, to enhance the daily physical activity we do. Fit in five activities to appear in all timetables and added to the health map.</p>	<p><b>Fitness equipment (as above)</b></p>	<p>All children are aware of the 60 minute a day physical activity target. All children have the knowledge and understanding to explain the importance of Physical Activity.</p> <p>All children are involved in additional physical activities (Daily Walk/Fit in five) during the school day, on top of PE sessions.</p> <p>Opportunities to use fitness gym equipment on a daily basis.</p>	
<p><b>Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement</b> Physical education is education through physical activity: its goal is the development of the individual as a whole, not just their physical development or their proficiency in specific sports. Through physical education in Lower School we aim to provide young people with access to physical activity for life as well as build the foundation for future participation and performance in sport.</p> <p><a href="#">The School Games Kite Mark is a nationally awarded mark for schools. It is designed to provide an award that demonstrates their level of engagement in the School Games Programme and school sport in general. The criteria will help the schools assess across Bronze, Silver and Gold levels.</a></p>				
Objective	Key Actions	Allocated funding	Impact	Sustainability/ Next Steps
<p><b>To raise the profile of PE and participating in physical activity across the school</b></p>	<p>Train Year 4 Young Leaders. Use Young Leaders to develop Lunchtime physical activity. Continue with Sports Council initiative to ensure that all children have a voice through a council specifically set up for Sports.</p>	<p><b>From Leighton-Linslade School Sports Partnership LLSSP (as above)</b></p>	<p>Young Leaders promoted and provided activities for younger children to participate in at Lunchtimes.</p> <p>Lunchtimes were happier and there were more children participating in structured physical activity.</p>	<p>Next Steps - plan for current Year 4 children to be trained as Young Leaders to continue the cycle. Sports Council to continue in the same format.</p>

	<p>Continue to develop Girls Active Leads knowledge and ability to engage children and lead sessions to increase participation across the whole school, including Pre-School <b>(not achieved due to Covid)</b></p>			
	<p>Maintain the Platinum Level School Games award. Continue to monitor and engage in the School Games website to identify new requirements and to plan additional activities required. All teachers to be provided with access to the activities on this website.</p>		<p>Maintained Platinum Schools Game Award. All teachers have access to a range of different planning and activities from the School Games website to enhance what they deliver.</p>	
	<p><b>Develop the number of Level 0 activities we offer in school and participate in with the LLSSP (not fully achieved due to Covid)</b></p> <p>In school, develop these competitions and activities, i.e. develop 'Daily Mile' so children compete against themselves to better their scores/times. Initially, trial in Year 4 before rolling out across the school. Also, develop this style of activity at lunchtime within Young Leader activities at lunchtimes - possibility of a club at lunchtime involving Pre-School (i.e. how many skips can you do in a</p>		<p>Greater number of children completing physical activities for enjoyment and to develop the idea of a 'personal' best.</p>	<p>Next Steps: Continue to provide range of physical opportunities</p> <p>Plan a greater range of physical activities to support the raising of the profile of PE and physical activity across the school.</p>

	minute, how many times can you bounce a ball).			
<b>Indicator 3: Increased confidence, knowledge and skills of all staff in teaching physical Education and sport</b>				
The PE curriculum is diverse, providing pupils with the confidence to build on existing skills as well as to try new activities. Staff need to be confident and competent to deliver high quality lessons, recognising the range of abilities and ways in which pupils learn.				
Objective	Key Actions	Allocated funding	Impact	Sustainability/ Next Steps
<b>Increased confidence, knowledge and skills of all staff</b>	<p>Signpost teachers and support staff to appropriate CPD when available.</p> <p>Complete an audit of teachers' needs with regard to skills. From the audit, meet with LLSSP to plan curriculum support for teachers. LLSSP to then deliver this curriculum support to teachers.</p> <p>Summer term staff meeting with LLSSP to be planned following the audit of teachers' needs. CPD with MK Dons for all staff. Staff meeting led by PD &amp; TR to share good practise in assessment during PE lessons and agree on a whole school approach.</p>	<b>From Leighton-Linslade School Sports Partnership LLSSP funding (as above)</b>	<p>Expertise and guidance in lessons supported the Teachers' confidence and skills. Teachers were able to observe and monitor children's physical development.</p> <p>Lessons were at least 'good' and all children are engaged and on task.</p> <p>Teachers' skills have been enhanced. They also have topic related plans to use in future years.</p> <p>Staff feel confident to deliver outstanding PE lessons.</p> <p>Staff feel confident to make accurate and useful assessments during PE lessons (progression of skills).</p>	
<b>Increased confidence, knowledge and skills of Physical Development Faculty Team</b>	Faculty team to engage in CPD and annual conference	<b>£60 OFSTED subject Leader training £165 cover for Teacher to attend</b>	Faculty team is up to date with the subject and confident to lead PE across the school.	

<p><b>To support staff to feel confident delivering a high standard of physical activity lessons that engage all children</b></p>	<p>Faculty team to spend time in lessons and then complete a summary staff meeting to discuss findings and provide any required actions.</p> <p>Planned delivery of supported PE lessons - Physical development leads to support teachers with areas they feel less confident. Continue to teach joint lessons with physical development lead, leading sessions with the support of colleagues <b>(not achieved due to Covid)</b></p>			
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**Indicator 4: Broader experience of a range of sports and activities offered to all pupils**

A high quality PE programme will develop physical literacy and allow children to learn about themselves, the importance of a healthy lifestyle, self-expression and concepts such as fair play and respect. PE also contributes to the development of a range of important cognitive skills such as decision making and analysis, and social skills such as teamwork, communication and leadership.

A good competitive school sport programme includes regular club participation opportunities where children can learn more about specific sports, receive age-appropriate coaching and practice their skills (after School Club) before attending competitions.

Objective	Key Actions	Allocated funding	Impact	Sustainability/ Next Steps
<p><b>Broader experience of a range of activities</b></p>	<p>School's curriculum will show the range of different experiences and opportunities for children with PE lessons. This will need to be linked to the Future Games planning which is a progressive document.</p> <p>Extra curricular plans are created at the beginning of the year, a</p>	<p><b>No additional funding required</b></p>	<p>A range of PE activities and sports are offered over a 2 year cycle as part of the planning for PE.</p> <p>There is a wider range of extra curricular activities (netball and girls' football at girls' request) added to the programme, for a wider number of children.</p>	

	broad range of activities for each Key Stage will be timetabled.			
	<p>Future Games Apprentice and School Staff provide sports enrichment clubs. PE subject leads to work with Future Games management and Sports Coach to develop and enrich the quality and variety of sports clubs we offer in school. Plan to be created at the beginning of the year to discuss and organise a wide range of extra curricular activities, ensuring that new activities are planned (i.e. invasion game club) to ensure a broader range are available and that the interest of the children in sports clubs is maintained.</p> <p>PE leads to meet with Girls Active lead children to discuss a range of activities and clubs that children from Pre-School to Year 4 would like to participate in and support them to put them in place.</p> <p>PE leads to work with Girls Active lead children to look at ways their budget can increase participation of vulnerable children and how they could use it to provide a broader range of experiences <b>(not achieved due to Covid)</b></p>	<p><b>From Future Games spending as above</b></p>	<p>Increased number and variety of enrichment clubs on offer to all pupils including Pre-School – including 5 lunchtime clubs, 1 after school club and additional clubs/enrichment managed by school staff including enrichment lessons.</p>	<p>Girls Active lead children to deliver clubs/activities to provide a broader range of activities and have closed the gaps.</p> <p>An increased percentage of vulnerable children participating in physical activity.</p> <p>Pre-School children participating in physical activity opportunities both in lunchtimes and after school.</p>



	Two Whole school weeks of Healthy Heathwood week to develop children's understanding of how to keep themselves healthy physically and mentally. To develop their understanding of incorporating life long healthy routines and strategies to ensure they live a healthy life.	<b>No additional funding</b>	Children have a thorough understanding of the importance and benefits of physical activity and how regular participation can ensure they live a healthy life physically and mentally. Children display a passion for wanting to keep themselves healthy and be able to confidently explain different ways they can do so. Children are able to clearly describe the health problems that may be caused by not participating in physical activity and why.	
	Engagement in all LLSSP competitions, festivals and in some cases B team competitions.	<b>As above</b>	All children were given the opportunity and encouraged to trial to compete in a range of physical activities for LLSSP.	
	LLSSP curriculum to be planned following the teacher audit of needs which should develop the range of activities we complete.		All children and class teachers have participated in excellent support by LLSSP and have a clear understanding of the basic skills required for a range of different activities.	Planning is in place and can be used in following years.
<b>Equipment and Resources</b>	A range of sports balls to be purchased in order to provide all children with the opportunity to participate in a wider range of ball games and sports.  New gymnastics mats to be purchased to ensure all children are able to participate in	<b>£27 Balls £419.47 Mats</b>	All children participated in a wider range of ball games.  All children participated in whole class gymnastic lessons.  All children participated in a core strength enrichment club.	

	gymnastics at the same time during whole class gymnastics lessons. Mats also to be used to develop an enrichment group working on core strength for all children.			
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**Indicator 5: Increased participation in competitive sport**  
 All children enjoy being appropriately challenged and at a young age most are keen to explore what they are capable of. Competitive school sport for lower school children should be categorised on a focus by achieving one's 'personal best' rather than being 'the best'.  
 Engage lower children in personal challenges, allow them to practice and test their skills and personal competence, and small-sided games to encourage teamwork and a sense of how to play and succeed.

Objective	Key Actions	Allocated funding	Impact	Sustainability/ Next Steps
<b>To increase participation in competitive sport</b>	Continue to engage with LLSSP programme of competitions. Develop and increase the number of competitions and number of teams we send to competitions – increase the number of 'B' teams we enter where appropriate, to ensure that a wider range of children have the opportunity to compete in sporting and physical activities.	<b>From Leighton-Linslade School Sports Patnrnership LLSSP (as above)</b>	Maintained the % of events that the school engages in <b>(not fully achieved due to Covid)</b> Increase the % pupils participating in competitive sports <b>(not achieved due to Covid)</b> See LLSSP Impact Report.	
<b>To facilitate participation in competitive sports competitions</b>	Continue to fund adult support and transportation for LLSSP competitions	<b>£1008.40</b>		