



LC2

EXTENDED SERVICES



Autumn 2010



Learning Community 2 Local Family Services Directory



A guide to family services in Leighton/Linslade and surrounding areas

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LOCAL FAMILY SERVICES

A

Action for Children

Address: Action for Children Parkside Family Support Project, Parkside Drive, Houghton Regis, Dunstable, LU5 5QN

Tel No: 01582 863860

Works with children, young people and their families in order to safe-guard and promote the welfare of children in need.

Addaction Bedfordshire

Address: 105-107 Tavistock Street, Bedford, MK40 2RR

Tel No: 01234 352220/ 01582 483117

Offers a free, confidential, information service regarding drugs and alcohol .

ADHD Support Group

Address: Child Development Centre, Hill Rise, Kempston, Bedford, MK42 7EB

Tel No: 01234 857678 / 07759 037880

Practical and emotional support group for parents with children who have Attention Deficit Hyperactivity Disorder (ADHD) or Autistic Spectrum Disorders (ASD).

Advocacy Alliance

Address: 41, Mill Street, Bedford, MK40 3EU

Tel No: 01234 262080

Advocacy in groups or 1:1 for people with learning disabilities.

Alcohol Services

Address: Napier House, 2nd Floor, 17-21 Napier Road, Luton, Beds, LU1 1RF

Tel No: 01582 723434

Provides a range of alcohol services.

Aragon Housing Money Advice Service

Address: 2 Shannon Court, High Street, Sandy, SG19 1AG

Tel No: 01767 685800

Financial support.

Autism Bedfordshire

Address: St. Marks Church Community Centre, Calder Rise, Bedford, MK41 7UY

Tel No: 01234 350704

Provides information, advice and support to parents and professionals.

AYME

Address: PO Box 5766, Milton Keynes, MK10 1AQ

Tel No: 01908 379737

Provides support, advice and information to ME sufferers and their families.

B

Barnfield College Adult Community Education Service

Address: Westbourne Campus, Westbourne Road, Queens Park, Bedford, MK40 4PQ

Tel No: 01234 332300

Post 16yrs education and training opportunities for clients with additional needs.

Beacon House

Address: Community Mental Health Centre, 5 Regent Street, Dunstable, LU6 1LP

Tel No: 01582 709200

Practical help and therapy for those with Mental Health problems.

B:DAT (Bedfordshire Drug & Alcohol Action Team)

Address: Bedfordshire DAT, 26A Cauldwell Street, Bedford, MK42 9AP

Tel No: 01234 276051

Gives information about drugs and alcohol and the services available in Bedfordshire and how to access these agencies.

BECHAR (Bedford Concern for the Homeless & Rootless)

Address: The Prebend Centre, 12 Prebend Street, Bedford, MK40 1QW

Tel No: 01234 365955

Practical help and health advice for the homeless.

Bedford Allergy Support Group

Address: Various locations in Bedford, Bedford, MK41 8AS

Tel No: 01234 360941 / 01234 354499

BASG was formed to help people with every kind of allergy or sensitivity, to give support and share experiences.

Bedford Association for the Deaf

Address: 19, Abbey Road, Bedford, MK41 9LG

Social club for anyone who is deaf.

Bedford Counselling Centre

Address: Bates House, 12 Foster Hill Road, Bedford, MK40 2EN

Tel No: 01234 346077

Counselling service.

Bedford Credit Union

Address: 6 St Pauls Square, Bedford, MK40 1SQ

Tel No: 01234 346352

A not for profit organisation providing savings and low cost loans.

Bedford and District Cerebral Palsy Society

Address: 43, Bromham Road, Bedford, MK40 2AA

Tel No: 01234 351759

A wide range of support and activities for people with cerebral palsy and their families, including social activities, a holiday club and work to improve self esteem.

Bedfordshire Downs Syndrome Support Group

Address: 11, St. Vincents, Woburn Sands, Milton Keynes, MK17 8NR

Provide support, information and advice for families of children with Down's Syndrome.

Bedford Foyer

Address: Conduit Road, Bedford, MK40 1EQ

Tel No: 01234 221270

The Bedford Foyer works alongside other agencies to provide accommodation and opportunities to help young people, aged 16-24, get back on their feet.

BPHA Community House

Address: 28 Faldo Road, Bedford, MK42 0ED

Tel No: 01234 221289

A drop in centre providing advice about housing, benefits and community issues.

Bedford Race Equality Council

Address: 36, Mill Street, Bedford, MK40 3HD

Tel No: 01234 350459

Information available on Immigration, Housing, Health Issues, Benefits, Local Support Groups.

Bedfordshire and Luton Mind

Address: The Old Fire Station, 10 Bedford St, Amphill, MK45 2NB

Tel No: 01525 844160

Range of support services for people with mental health needs.

Bedfordshire ME Support Group

Tel No: 01525 750078

Befriending, advice and information.

Bedfordshire Music Therapy Team

Address: The Child Development Centre, Hill Rise, Kempston, Bedford, MK42 7EB

Tel No: 01234 300710

Music therapy for children with severe emotional/behavioural difficulties, aiming to enhance emotional well being and self esteem.

Bedford Open Door

Address: 120 Tavistock Street, Bedford, MK40 2SA

Tel No: 01234 360388

Confidential counselling service for 13-25 year olds.

Bedfordshire PCT Health Visitors

Address: Dunstable, Toddington, Houghton Regis, Leighton Buzzard, Amphill, Flitwick, Biggleswade, LU6 3SU

Tel No: 01582 707660

Advice and support on all aspects of a baby's and child's development.

Bedfordshire NHS Stop Smoking Service Bedfordshire PCT

Tel No: 01525 636927

Help and support to stop smoking.

Beds Police Domestic Abuse Team

Tel No: 0300 300 8103

Beds Police Volunteer Cadet Corps

Address: TADS, Police Headquarters, Woburn Road, Kempston, Bedford, MK43 9AX

Tel No: 01234 842119

Aims to develop personal skills and character by accompanying police in various community roles.

Bedford Women's Refuge-Christian Family Care

Address: PO Box 515, , Bedford, MK40 1YD

Tel No: 01234 353592

Emergency accommodation for women and their children.

Brain Gym

Address: 63 Bedford Road, Cranfield, Bedford, MK43 0EX

Tel No: 07830 245160 / 01234 751479

Brain Gym helps children who have movement and co-ordination problems, and difficulty with reading and writing. The Listening Program is an effective tool for helping with autism, speech and language difficulties and dyslexia.

BRASS - Bedford Refugee & Asylum Seekers Support

Address: 27b Tavistock Street, Bedford, MK40 2RB

Tel No: 01234 211381

To support and assist refugees and asylum seekers in all appropriate ways and to raise awareness of their needs in the wider community.

British Heart Foundation Furniture & Electrical Store

Address: 10, Thurlow Street, Bedford, MK40 1LR

Tel No: 0844 499 4143

Re-sale of good quality used furniture and electrical goods.

Buzzer Buses (Dial a Ride) Ltd

Address: 31 New Road, Linslade, Leighton Buzzard, LU7 2LS

Tel No: 01525 853566

A door-to-door transport service to assist people who are unable to use ordinary buses.

C

CAMH - South (Family Consultation Clinic)

Address: Dunstable Health Centre, Priory Gardens, Church Street, Dunstable, LU6 3SU

Tel No: 01582 707660

The Child and Adolescent Mental Health Service (CAMH) provides outpatient assessment, support and treatment for emotional and behavioural difficulties in children. The service helps both children and the wider family.

CAN

Address: 44 Bromham Road, Bedford, MK40 2QD

Tel No: 01234 354193

Provides a range of drug, alcohol and homelessness services.

Caraline (Eating Disorders Association)

Address: Kline House, 13 George Street West, Luton, LU1 2BJ

Tel No: 01582 457474

Support and advice on eating disorders.

Care Forum (MK) Ltd

Address: 1 Hardwick Place, Woburn Sands, Milton Keynes, MK17 8QQ

Tel No: 01908 584136

Provides support to families caring for a child or young person with a learning or physical disability by giving parents or carers a short break for their child either in their own home or in the wider community.

Carers Support Bureau

Address: BRCC The Old School, Cardington, Bedford, MK44 3SX

Tel No: 0800 039 1234

Provides information, advice and support to carers.

Central Bedford Counselling Service

Address: 15, St Cuthberts Street, Bedford, MK40 3JG

Tel No: 01234 349242

Counselling service for young people and adults.

Children with Disabilities Team Central Bedfordshire

Address: Houghton Lodge, Houghton Close, Ampthill, MK45 2TA

Tel No: 01582 818125

Children with Disabilities Teams are social workers who work with disabled children and their families.

Children with Disabilities Team (North & East Mid Beds)

Address: Queens Park Neighbourhood Centre, Marlborough Road, Queens Park, Bedford, MK40 4LE

Tel No: 01234 228709

The team provides a service for children with disabilities and their families and carers.

CHARIS

Address: 2, Ashburnham Road, Bedford, MK40 1DS

Tel No: 01234 273677

Provides an independent living scheme for young pregnant women and young mothers with babies who are unsupported and in need of accommodation.

CHUMS Child Bereavement Service

Address: Sundon Park Health Centre, Tenth Avenue, Sundon Park, Luton, LU3 3EP

Tel No: 01582 707469

Bereavement support service for children aged 3-18 years.

Citizens Advice Bureau - Leighton Buzzard

Address: Bossard House, West Street, Leighton Buzzard, LU7 1DA

Tel No: 01525 373878

Free advice on subjects including social security, consumer rights, debt, family and relationship problems, immigration and nationality, housing and employment.

CRUSE

Address: Rufus Centre, Steppingly Road, Flitwick, Beds. MK45 1AH

Tel No: 01525 860632 or 01525 841415

Bereavement service.

CSV INVOLVED Team Bedfordshire

Address: Central Beds Council, High Street North, Dunstable, LU6 1LF

Tel No: 0845 849 6329

Volunteering opportunities for young people.

CYPD Bedford Specialist Team

Address: 5-7 Rush Court, Bedford, MK40 3JT

Tel No: 01234 310669 / 310670

The Child and Adolescent Mental Health Service (CAMH) provides outpatient assessment, support and treatment for emotional and behavioural difficulties in children. The service helps both children and the wider family.

D

D.A.D.D.S

Address: South View, Watling Street, Leighton Buzzard, LU7 9LJ

Tel No: 01582 601725

D.A.D.D.S encourages the development of people with physical disabilities and/or learning difficulties by offering a programme of leisure activities.

Day Resource Centre

Address: Bedford Health Village, 3 Kimbolton Road, Bedford, MK40 2NT

Tel No: 01234 310044

Providing an integrated and flexible approach for the treatment of mental health needs.

Disability Resource Centre

Address: Poynters House, Poynters Road, Dunstable, LU5 4TP

Tel No: 01582 470900

A comprehensive disability information service and equipment display.

Diverse Cultures Community Outreach Team (Social Services)

Address: Bedford Heights, Manton Lane, Bedford, MK41 9PA

Tel No: 01234 408700

Support Team for ethnic minorities who have mental health problems.

Domestic Abuse Info Line (Bedfordshire)

Tel No: 0808 202 1796

Down's Heart Group

Address: PO Box 4260, Dunstable, LU6 2ZT

Tel No: 0845 288 4800

Support and information for parents whose children are diagnosed with Down's Syndrome.

E

Edwin Lobo Centre

Address: 633, Dunstable Road, Luton, LU4 8QR

Tel No: 01582 700300

Assessments and treatments from multi disciplinary teams for children with additional needs.

EMPOWA

Address: 3, Woburn Road, Bedford, MK40 1EG

Tel No: 01234 355933

For people recovering from Mental Health problems who aim to return to or acquire employment, either paid or voluntary.

English Federation of Disability Sport

Address: c/o Sport England, Crescent House, 19 The Crescent, Bedford, MK40 2QP

Tel No: 07764 291664

The national body responsible for developing sport for disabled people in England.

F

Family and Youth Information Service (Central Bedfordshire)

Address: www.centralbedfordshire.gov.uk/fyis

Tel No: 0300 300 8119

Supporting all children and young people aged from 0 to 19 and their families.

Families United Network

Address: The Disability Resource Centre, Poynters House, Poynters Road,
Dunstable, LU5 4TP

Tel No: 01582 523691

For families with special needs / disabled children.

Forget-Me-Nots

Address: The Beehive Children's Centre, Westfield Road, Dunstable, LU6 1DW

Tel No: 01582 699092

Support group for siblings of children with Autistic Spectrum Disorder.

Fostering and Adoption-Family Placement Team

Address: Houghton Lodge, Oliver Street, Ampthill, Bedford, MK45 2TG

Tel No: 01234 276876/0300 300 6876

Provides information, advice and support for prospective and existing foster and adoptive parents.

Foxgloves

Address: 91 Bromham Road, Bedford, MK40 4BS

Tel No: 01234 408593

Respite care residential unit for children and young people with learning disabilities aged 8 - 18 years.

Foxgloves-Social Club

Address: 91, Bromham Road, Bedford, MK40 4BS

Tel No: 01234 408593

Monthly social meeting for young people with learning disabilities.

Freedom Programme - Leighton Buzzard

Tel No: 01525 374656

A programme for women who are experiencing or have experienced domestic violence.

Freedom Programme - Tithe Farm Neighbourhood Centre

Address: Tithe Farm Neighbourhood Centre, Tithe Farm Rd, Houghton Regis, LU5 5JB

Tel No: 01767 683015

A programme for women who are experiencing or have experienced domestic violence.

Freedom Programme - Manor Farm Family Centre

Address: Manor Farm Family Centre, 76 London Road, Sandy, SG19 2SB

Tel No: 01767 683015

A programme for women who are experiencing or have experienced domestic violence.

Furniture Bank (Preen Community Interest Company)

Address: Unit 2, Shortmead Industrial Estate, Sun Street, Biggleswade, SG18 0BP

Tel No: 01767 600332

Supplies donated furniture and electrical goods at low or no cost.

Furniture Link

Address: 1a, Gadsby Street, Bedford, MK40 3HP

Tel No: 01234 353578

Supplies donated furniture and electrical goods to recycle at low prices.

G

Gateway Club

Address: c/o The Cedars Upper School, Mentmore Rd, Linslade, Leighton Buzzard, LU7 8HS

Tel No: 01525 376471

Youth Club for young people from South Beds aged 14+ with Special Educational Needs and mainstream.

Grafham Water Sailability

Address: Grafham Water Centre, Grafham Water, Perry, Huntingdon, PE28 0BX

Tel No: 01480 810521

A sailing club for the physically disabled.

Grove Corner

Address: 76a, High Street North, Dunstable, LU6 1NF

Tel No: 01582 890609/01582 513000

A young people's information advice centre and a place for young people to meet.

Grove pregnancy crisis and post abortion centre

Address: 17 St Cuthberts Street, Bedford, MK40 3JB

Tel No: 01234 355408

Pregnancy Counselling Service

H

Headway - Luton

Address: Headway House, 41 Cardiff Road, Luton, LU1 1PP

Tel No: 01582 876729

Support for those with acquired brain injury and their families.

Health Link - Specialist Substance Misuse Service

Address: 26 - 28, Bromham Road, Bedford, MK40 2QD

Tel No: 01234 270123

NHS assessment, treatment, counselling, advice and information on drug and alcohol related problems.

HIV/AIDS Social Work Team (Physical Disabilities Team)

Address: Borough Hall, Cauldwell Street Bedford, MK42 9AP

Tel No: 01234 228252

Social care help and advice for those affected by HIV/AIDS.

Home Support Service - Poppies

Address: Poppies, 57-61 Trunk Furtons, Aspley Guise, Milton Keynes, MK17 8HH

Tel No: 01908 582710

Provides care in the home or wider community to enable parents /carers of children with disabilities a short break.

Home-Start - South Beds

Address: 201 Vandyke Road, Leighton Buzzard, LU7 3HS

Tel No: 01525 374656

Offers support and practical help to families with children under 5.

I

Integrated Youth Support

Address: Various locations in Leighton Buzzard

Tel No: 01582 818700 or 07792774081

Careers advice, guidance, support and personal development services for young people aged 13 - 19.

IT-CAN-HELP

Address: PO Box 6082, Leighton Buzzard, LU7 2YF

Tel No: 07944 541773

Provides free computer support to disabled people in their own homes or can visit other locations such as day centres.

J

James Kingham Project Bedford

Address: 32, St John's Street, Bedford, MK42 0DH

Tel No: 01234 344133

Alcohol services for the whole community including rehabilitation and support.

K

Keech Cottage Children's Hospice & Keech community Team

Address: Pasque Charity, Great Bramington Lane, Luton, LU3 3NL

Tel No: 01582 492339

Specialist nursing and respite care for families of children with life limiting conditions.

L

Leighton Buzzard Youth Centre

Address: Vandyke Road, Leighton Buzzard, LU7 8HS

Tel No: 01582 818705

Local youth centre with activities for 13-19 year olds.

Livability Lifestyle Choices

Address: Unit 5a Stephenson Court, Priory Business Park, Fraser Rd, Bedford, MK44 3WJ

Tel No: 01234 838884

Working with anyone from age 18 to 65 years with a physical or sensory impairment.

M

Macmillan Welfare Rights Service

Address: Welfare Rights Service, Borough Hall, Cauldwell Street, Bedford, MK42 9AP

Tel No: 01234 276798

The welfare rights advisors will be able to advise and assist people affected by cancer, including families and carers, to claim welfare benefits.

N

National Association for Gifted Children (NAGC)

Address: The National Association for Gifted Children, Suite 14, Challenge House, Sherwood Drive, Milton Keynes, MK3 6DP

Tel No: 0845 450 0295

NAGC is a national charity covering England, Wales and Northern Ireland whose aim is to ensure appropriate provision, support and help for gifted children.

National Deaf Children's Society - Bedfordshire Region

Address: Vine Cottage, Manor Road, Kempston Hardwick, Bedford, MK43 9NT

Tel No: 07710 420316

Helpline support service for families with a deaf child.

O

Ormiston Children & Families Trust

Address: HMP Bedford, St Loyes Street, Bedford, MK40 1HG

Tel No: 01234 373218

Support for children, young people and families with parents/relatives in prison.

P

PALS-Patient Advice & Liaison Service

Address: Gilbert Hitchcock House, 21 Kimbolton Road, Bedford, MK40 2AW

Tel No: 01234 409432

The role of PALS is to :- Advise and support patients and their families and carers. Provide information on NHS services, listen to patients, carers and user's concerns, help sort out problems quickly on their behalf

Parent Support Assistants

Address: Linslade Lower School, Leopold Road, Linslade, LU7 2QU

Tel No: 01525 378559

Impartial advice and support for families. A service provided free of charge by Leighton Linslade schools.

Parent Partnership

Address: Westfield School, Chester Road, Queens Park, Bedford, MK40 4HW

Tel No: 01234 316353/ 0300 3008088

Advice, information, and support for children with Special Educational Needs.

Parents Together- Carers in Bedfordshire

Address: Sea Cadet HQ, 4 Station Road, Biggleswade, SG18 8AL

Tel No: 01234 214914/ 01767 315079

A one-to-one parent befriending scheme offering emotional support to parents discovering their child has a disability.

PLAN B - Bedfordshire

Address: 26-28 Bromham Road, Bedford, MK40 2QD

Tel No: 01234 344911 / 344179

A free and confidential service for young people who are worried about their drug and alcohol use or that of a parent or carer.

Progress House

Address: 36/38, Kimbolton Road, Bedford, MK40 2NR

Tel No: 01234 310251

Respite care for clients with severe mental health problems.

PUKE

Address: 32, St Johns Street, Bedford, MK42 0DH

Tel No: 01234 344133

Provides appropriate education, advice, information and support to young people about alcohol and drugs issues.

R

Register of Children with Disabilities

Address: Houghton Lodge, off Oliver Street, Amptill, Bedford, MK45 2TG

Tel No: 01582 818022

The register is held for children aged 0-18 years with a physical or learning disability.

Relate Bedfordshire & Luton

Address: 6, St. Pauls Square, Bedford, MK40 1SQ
Tel No: 01234 356350 (appointments and enquiries)

Counselling service for individuals, couples or the family.

Relate - TALKTIME

Address: available at the TACTIC centre, 17 Hockliffe St, Leighton Buzzard, LU7 1EZ
Tel No: 01525 373838

Offers counselling and support for young people aged 10 - 21 years who need help as a result of family problems.

rethink - Beds Mental Health Carers Support Service

Address: Disability Resource Centre, Poynters House, Poynters Rd, Dunstable, LU5 4TP
Tel No: 01582 470986

The carer's support group offers support, information and advice to anyone providing support to someone who is suffering with a mental health illness.

rethink - Advocacy for Beds & Luton

Address: 22a Newnham Street, Bedford, MK40 3JR
Tel No: 01234 310035

A free and confidential advocacy service for mental health users.

Roundabout Children's Centre

Address: St George's Lower School, East Street, Leighton Buzzard, LU7 1EW
Tel No: 01525 384368

Services for children, young people and their families.

S

Salvation Army Debt Advice Service

Address: The Salvation Army, Commercial Road, Bedford, MK40 1QS
Tel No: 0845 5210170

The Salvation Army offers a free, confidential, professional service to all people of the Bedford area.

Samaritans

Address: 23, Foster Hill Road, Bedford, MK40 2ES

Tel No: 08457 909090

Phone and face to face support for anyone suffering from stress or particular worries.

SANDS - Local Support Group

Address: 14 Fir Tree Road, Silsoe, Bedford, MK45 4EA

Tel No: 07900 106543 - Helpline(Mairi), 07971 964304(Suzy)

SANDS (the Stillbirth and Neonatal Death Society) offers support to parents of babies who die shortly before or shortly after birth.

Santosh Asian Women's Refuge

Tel No: 01234 261228

Asian Women's Refuge.

Signposts

Address: Head Office, 47 High Town Road, Dunstable, Luton, LU2 0BW

Tel No: 01582 722629

Accommodation for homeless young people from 16 - 30 years.

Sight Concern Bedfordshire

Address: 116, Bromham Road, Bedford, MK40 2QN

Tel No: 01234 311555

Information on a wide range of eye conditions.

Snoezelen

Address: Twinwoods Resource Centre, Milton Road, Clapham, Bedford, MK41 6AT

Tel No: 01234 310470

Social Care Solutions offer multi-sensory rooms, soft play areas at two sites at Twinwoods in Bedford and a second at Beech Close in Dunstable.

Sorted

Address: The Place, 76a High Street North, Dunstable, LU6 1NF

Tel No: 01582 890295

Sorted is a free, confidential, counselling and information service for young people between the ages of 11 - 25 years.

South Beds Dial-A-Ride

Address: Mumford Lodge, 165a Castle Hill Road, Totternhoe, Dunstable, LU6 1QQ

Tel No: 01525 222331

A door-to-door transport service for Bedfordshire residents who are unable to use ordinary buses.

South Beds Dyslexia Association

Address: St Hughes Church, Luton, LU4 0ND

Tel No: 01582 752444

Dyslexia testing and specialised teaching for children and adults.

Spaced (Specialist Substance Misuse Family Support Service)

Address: 22 Grove Place, Bedford, MK40 3JJ

Tel No: 01234 354193 / 07817 313446 / 07950 301426

Family support for those affected by drug and alcohol misuse.

Special Needs Out of School Club (SNOOSC)

Address: Hillcrest School, Regis Education Centre, Parkside Drive, Houghton Regis, Dunstable, LU5 5PX

Tel No: 01582 868244

For young people with severe learning difficulties to meet and relax.

Spurgeons

Address: 2 Melbourne Street, Bedford, MK42 9AX

Tel No: 01234 342733

A Family Centre providing preventative family support and other services.

Spurgeons Childcare - Mid Beds Family Support Group

Address: Spurgeons Mid Beds family support, 2 Melbourne Street, Bedford, MK42 9AX

Tel No: 07976 241729

Parenting and family support programme.

Spurgeons Young Carers Project

Address: 229 Bedford Road, Kempston, Bedford, MK42 8DA

Tel No: 01234 857826

Offers practical help and support to young carers up to the age of 18 years.

Sunflower House

Address: 6, Woodcote, Putnoe, Bedford, MK41 8EJ

Tel No: 01234 219403

Short stays for children with disabilities for respite or socialisation.

T

TACTIC Centre

Address: TACTIC Centre, 17 Hockliffe Street, Leighton Buzzard, LU7 1EZ

Tel No: 01525 373838

Youth advice and information for 12 -21 year olds.

Toy Library for children with Special Needs

Address: 13 Dovehouse Close, Bromham, Bedford, MK43 8PS

Tel No: 01234 407152

We are a small charity that lends toys and sensory aids to families who have children with special needs

V

VICTA

Address: Victa Children Ltd PO Box 5791 Milton Keynes, MK10 1BE

Tel No: 01908 240831

A registered charity whose aims and objectives are to support visually impaired children.

Victim Support Bedfordshire

Address: The Saxon Centre, 230 Bedford Road, Kempston, MK42 8PP

Tel No: 01234 840300

A service for victims of crime of all ages and all sections of the community.

Voluntary and Community Action

Address: Bossard House, West Street, Leighton Buzzard, LU7 1DA.

Tel No: 01525 850559

Service which provides many kinds of opportunities to volunteers and organisations wishing to promote volunteering.

Volunteer Centre

Address: 43 Bromham Road, Bedford, MK40 2AA

Tel No: 01234 213100

Service which provides many kinds of opportunities to volunteers and organisations wishing to promote volunteering.

Y

YMCA (Bedford)

Address: Cornerstone House, 45-49 Tavistock Street, Bedford, MK40 2RE

Tel No: 01234 307040

Accommodation and re-settlement for vulnerable, single, young (16-25 years) people.

YMCA (Dunstable)

Address: 5B Queensway Parade, Dunstable, LU5 4ET

Tel No: 01582 477032

Accommodation and re-settlement for vulnerable, single, young (16-25 years) people.

Youth Matters

Address: 3 Duke Street, Bedford, MK40 3HR

Tel No: 01234 311811

Working with marginalised young people/adults. Includes teen parenting project.

Youth Matters - Footprints

Address: 3 Duke Street, Bedford, MK40 3HR

Tel No: 01234 311811

Footprints' mission is to educate young people about the realities and challenges faced by teenagers who have children.

Youth Offending Team (South)

Address: 39, Oakwood Avenue, Dunstable, LU5 4AS

Tel No: 01582 818660

Offers statutory assessment, support and rehabilitation for young people who have offended.



Youth Offending Team (North)

Address: Franklin Court, Priory Business Park, Bedford, MK44 3JZ

Tel No: 01234 276400

Support team for young offenders.

Youth Participation

Address: Room B210, Bedford Borough Council,, Town Hall, St Paul's Square,
Bedford, MK40 1SJ

Tel No: 01234 221929

Recognition for young volunteers.

YoYo's

Address: Youth Centre, Holmemead School, Mead End, Biggleswade, SG18 8JU

Tel No: 01908 582710

Youth Club for children with additional needs (ie Down's Syndrome, Autism, Dyslexia, Dyspraxia) aged 10 -18 years.

SCHOOLS IN LEARNING COMMUNITY 2

LOWER SCHOOLS

Aspley Guise Lower School
Spinney Lane, Aspley Guise, MK17 8JJ Tel: 01908 582245

Beaudesert Lower School
Appenine Way, Leighton Buzzard, LU7 3AJ Tel: 01525 373019

Clipstone Brook Lower School
Brooklands Drive, Leighton Buzzard, LU7 3PG Tel: 01525 376085

Dovery Down Lower School
Heath Road, Leighton Buzzard, LU7 3AG Tel: 01525 377233

Greenleas Lower School
Derwent Road, Linslade, LU7 2AB Tel: 01525 371735

Heathwood Lower School
Heath Road, Leighton Buzzard, LU7 3AU Tel: 01525 377096

Hockliffe Lower School
Woburn Road, Hockliffe, LU7 9LL Tel: 01525 210330

Husborne Crawley Lower School
School Lane, Husborne Crawley, MK43 0UZ Tel: 01525 280232

Leedon Lower School
Highfield Road, Leighton Buzzard, LU7 3LZ Tel: 01525 374713

Linslade Lower School
Leopold Road, Linslade, LU7 2QU Tel: 01525 372085

Mary Bassett Lower School
Bassett Road, Leighton Buzzard, LU7 1AR Tel: 01525 373017

Pulford C of E Voluntary Aided School
Pulford Road, Leighton Buzzard, LU7 1AB Tel: 01525 372188

Ridgmont Lower School
High Street, Ridgmont, MK43 0TS Tel: 01525 280236

St George's Lower School
East Street, Leighton Buzzard, LU7 1EW Tel: 01525 372096

St Leonard's C of E Voluntary Aided School
Thrift Road, Heath and Reach, LU7 0AX Tel: 01525 237253

Southcott Lower School

Soulbury Road, Linslade, LU7 2UA

Tel: 01525 375753

Stanbridge Lower School

Tilsworth Road, Stanbridge, LU7 9HY

Tel: 01525 210328

Swallowfield Lower School

Weathercock Close, Woburn Sands, MK17 8SL

Tel: 01908 582101

Woburn Lower School

Bedford Street, Woburn, MK17 9QL

Tel: 01525 290207

MIDDLE SCHOOLS

Brooklands Middle School

Brooklands Drive, Leighton Buzzard, LU7 3PF

Tel: 01525 372018

Gilbert Inglefield Middle School

Vandyke Road, Leighton Buzzard, LU7 3FU

Tel: 01525 372266

Fulbrook Middle School

Weathercock Lane, Woburn Sands, MK17 8NP

Tel: 01908 582022

Linslade Middle School

Mentmore Road, Leighton Buzzard, LU7 2PA

Tel: 01525 372640

Leighton Middle School

Church Square, Leighton Buzzard, LU7 1EX

Tel: 01525 374907

UPPER SCHOOLS

Cedars Upper School

Mentmore Road, Leighton Buzzard, LU7 2AE

Tel: 01525 219300

Vandyke Upper School

Vandyke Road, Leighton Buzzard, LU7

Tel: 01525 636700

SPECIAL SCHOOLS

Oakbank School

Sandy Lane, Leighton Buzzard, LU7 3BE

Tel: 01525 374559

If you are a service provider and would like to have your details included in future issues of the family services directory please contact extended services on 01525 378559 or at extended.services@lc2.md.e2bn.net

NATIONAL HELPLINES

ADDISS (The National Deficit Disorder Information and Support Service)

Tel No 020 8952 2800 – Monday - Friday 10.00 am – 5.00 pm
Email info@addiss.co.uk
Web Page www.addiss.co.uk

Details of a range of books and videos for parents, children and schools.

ATTENTION DEFICIT HYPERACTIVITY DISORDER FAMILY SUPPORT GROUP UK

Tel No 0808 808 3555 – Mon - Fri 10.00 am – 4.00 pm
Mon 5.30 pm – 7.30 pm
Web Page www.cafamily.org.uk

Information and advice to parents of children with ADHD. Has a national network of support groups.

CARERS UK

Tel No 020 7378 4999/0808 808 7777 (Carers line)
Wed and Thurs 10.00 am - 12.00 pm and 2.00 pm - 4.00 pm
Email info@ukcarers.org
Web Page www.carersuk.org

Information and advice service for carers of relatives or friends. Can put you in touch with your local Young Carers project. Free Young Carers Info pack.

CEREBRA

Tel No 0800 3281159
Web Page www.cerebra.org.uk

Support for parents and carers of children with brain injuries.

CHILD BEREAVEMENT TRUST

Tel No 01494 568900
Email enquiries@childbereavement.org.uk
Web Page www.childbereavement.org.uk

The charity that cares for grieving families by training and supporting the professional carers. Has information and publications for bereaved children and families.

CHILDCARE LINK

Web Page www.childcarelink.gov.uk

Internet search to find childcare in the UK.

CHILDLINE

Address: www.childline.org.uk
Tel No: Freephone 0800 1111 (24 hours)

The UK's free 24 hour counselling service for all children and young people who need help or who are in trouble or danger. Lines can be busy but please keep trying.

COMPASSIONATE FRIENDS

Tel No 0845 123 2304 (helpline)
7 days a week 10 am - 4 pm and 7-10 pm
Email helpline@tcf.org.uk
Web Page www.tcf.org.uk

Support for families who have been bereaved, including publications for parents and children. Also support for parents who have been bereaved through suicide or murder.

CONTACT A FAMILY

Tel No 020 7608 8700 / 0808 808 3555 (free helpline)
Email helpline@cafamily.org.uk
Web Page www.cafamily.org.uk

Helps families who care for children with any disability or special need.

DIRECTGOV

Address: www.direct.gov.uk/en/parents

Information for parents about childcare and family services.

FAMILIES NEED FATHERS

Tel No 020 7613 5060 - Monday – Friday 9.30 am - 4.30 pm
0300 0300 363 (helpline) - Monday – Friday 6.00 pm – 10.00 pm
Email fnf@fnf.org.uk
Web Page www.fnf.org.uk

Advice, support and information on maintaining a child's relationship with both parents following separation or divorce.

FAMILY FUND TRUST

Tel No 0845 130 4542 or 01904 621115
Email info@familyfund.org.uk
Web Page www.familyfundtrust.org.uk

To ease the stress on families who care for severely disabled children under 16, by providing grants and information related to care of the child.

FAMILY MEDIATION SERVICE

Address: www.familymediationhelpline.co.uk
Tel No: 0845 6026627

Providing information on family mediation.

FAMILY RIGHTS GROUP

Tel No 0800 731 1696 (free confidential advice)
Monday – Friday 10.00 am - 3.30 pm
Web Page www.frg.org.uk

Advice, advocacy and publications to support families whose children are involved with social services.

GINGERBREAD

Tel No 0800 018 5026 Monday – Friday 9.00 am – 5.00 pm
Wednesday 9.00 am – 8.00 pm
Web Page www.gingerbread.org.uk

Advice line for lone parents providing emotional support and information and advice on rights and responsibilities.

HYPERACTIVE CHILDREN'S SUPPORT GROUP

Tel No 01243 539966
Web Page www.hacsg.org.uk

Information & support about hyperactivity, behaviour problems and learning difficulties.

KIDSCAPE

Tel No 020 7730 3300 Monday – Friday 10.00 am – 4.00 pm
08451 205 204 (helpline)
Web Page www.kidscape.org.uk

Publications and advice on children’s personal safety, including bullying and child abuse.

LEARNING ASSESSMENT CENTRE

Tel No 01403 240002
Email info@lanc.uk.com
Web Page www.lanc.uk.com

Comprehensive assessment and on-going management for ADHA and related problems, either through the NHS or privately. Contact for an information pack and details of the referral.

MOSAC

Tel No 0800 980 1958
Web Page www.mosac.org.uk

Helpline for parents or carers of children who have been sexually abused.

NATIONAL ASSOCIATION OF BEREAVEMENT SERVICES

Tel No 020 7709 9090 – Monday – Friday – 10.00 am – 4.00 pm

Information and advice for those who have been bereaved.

NATIONAL DRUGS HELPLINE

Tel No Freephone 0808 1 606 606
Web Page www.drugline.org

Info & advice for anyone concerned about their own or someone else’s drug problem.

NATIONAL SELF-HARM NETWORK

Tel No 0800 622 6000 (7 pm-11 pm)
Web Page www.nshn.co.uk
Email info@nshn.co.uk

Support for people who self-harm.

NCH

Tel No 08457 626 579 – Monday – Friday – 9.00 am – 5.00 pm
Web Page www.actionforchildren.org.uk

Family centres offering advice, counselling, publications and support to parents. Also has child abuse treatment services and counselling for families and children.

NSPCC

Tel No Freephone 0808 800 5000 (child protection helpline) – 24 hours
Email help@nspcc.org.uk
Web Page www.nspcc.org.uk

Runs a child protection helpline for anyone concerned about a child at risk of abuse. Offers counselling, information and advice.

OAASIS (Office for Advice, Assistance, Support and Information on Special Needs)

Tel No 0800 197 3907
Email oasis@cambiagroup.com
Web Page www.oaasis.co.uk

A resource centre for parents and others caring for children with special needs. A range of publications and information.

PARENTLINE PLUS

Address: www.parentlineplus.org.uk
Tel No: 0808 800 2222

A national charity providing help and support to anyone caring for children.

RELATE

Tel No 0300 100 1234
Web Page www.relate.org.uk

Relate offers face-to-face advice, relationship counselling, sex therapy, workshops, mediation, consultations and support.

SAMARITANS

Tel No 08457 909090
08457 909192 (text phone)
Email jo@samaritans.org.uk
Web Page www.samaritans.org.uk

Confidential help for anyone who is experiencing feelings of distress or despair, including those which may lead to suicide.

WINSTON'S WISH

Tel No 0845 2030 405 (helpline)
Email info@winstonswish.org.uk
Web Page www.winstonswish.org.uk

Helpline offers guidance and information for anyone supporting a bereaved child.



Learning Community 2
Linslade Lower School
Leopold Road, Linslade
Leighton Buzzard
Bedfordshire, LU7 2QU

t: 01525 378559

e: extended.services@lc2.md.e2bn.net

w: www.lc2.org.uk